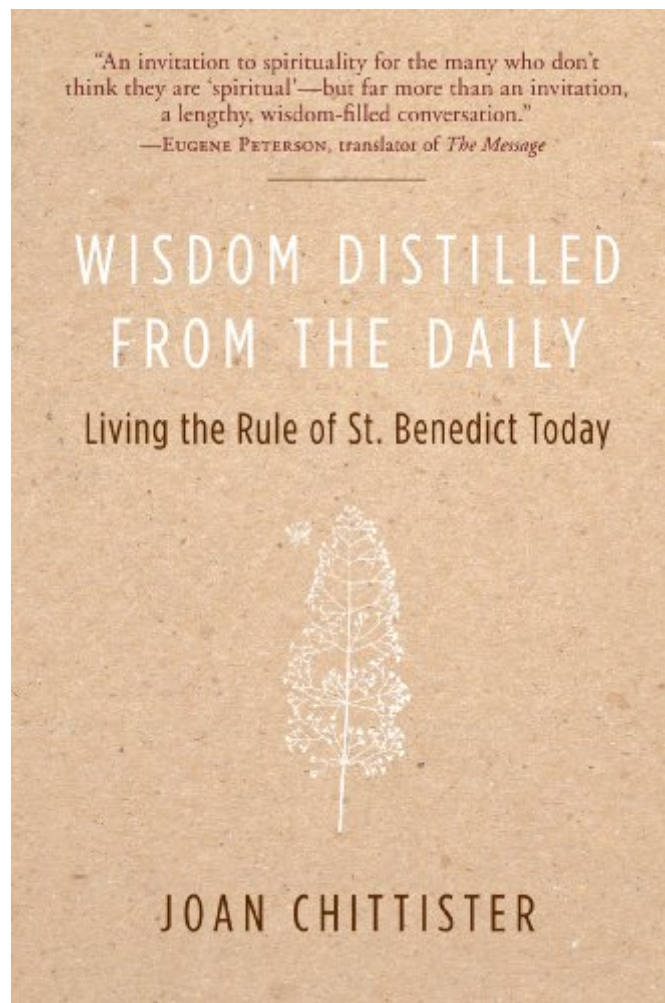




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Wisdom Distilled From The Daily: Living The Rule Of St. Benedict Today



Synopsis

Wise and enduring spiritual guidelines for everyday living – as relevant today as when The Rule was originally conceived by St. Benedict in fifth century Rome.

Book Information

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Customer Reviews

This book has some bits of wisdom for everyone. It's an easy read. One that you can read a little and ponder, then pick up whenever and ponder some more

This book really gave me a new and fresh perspective on practical approaches on building The Kingdom of God in our world. The smallest act will have an impact on the whole - making it or breaking it. Wonderful book to read, reflect, and re-read. So grateful for the recommendation from my Spiritual Director.

This book has been around for awhile, but its insights are still relevant; spirituality doesn't have to be

otherworldly to the point where it's not helpful. Joan's book is very down to earth and ordinary in its concepts. Benedict was not a cleric which makes him one of us. Living his mode of life asks nothing but common sense applied to living together in peace.

This book is so practical, and its message so essential. Joan Chittister walks us through essential principles of the Rule of Benedict that are as relevant today, in our busy, competitive world as they were in the monasteries of St. Benedict's time. Thank you, Joan, thank you, St. Benedict, shedding light on the narrow path that Christ has provided--the path that leads to life. It doesn't avoid the world, but winds right through it, so that in every circumstance we can experience His holy presence and become agents of healing and peace in our hurried and hurting world.

This was an amazing book and will continue to read it in the future. I am traveling to Abiqui New Mexico soon to spend five days at a Benedictine Monastery and wanted to get a better understanding of the benedictine way of life and this book was the perfect introduction. Thank you Sister Joan!

Joan provides clarity to the intentions of St. Benedict far beyond what is grasped in the simple text. A must read for anyone new to the Charism, like myself. Blessings and Peace,

The rules of Benedict are a set of monastic rules we (lay folk) could all benefit from learning and living by. I am sure this will be a book I refer back to again. Large concepts that need to be considered thoughtfully in order to execute in day to day but in today's frantic world, necessary for a spiritual life.

Brings one to the Spirituality that Christ originally taught and based his teachings on. A wonderful awaking for the the present time! Donald Baxter

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